

Sharon Hospital

Community Resources Guide 2024



Sharon Hospital is a 78-bed general hospital located in northwestern Connecticut. Our team is committed to providing compassionate healthcare that meets your individual needs.

We are part of Nuvance Health®, a network of seven community hospital locations and numerous outpatient facilities in the Hudson Valley and western Connecticut. Our patients benefit from the various multispecialty groups and services across the system.

Through Nuvance Health, you have access to advanced offerings, emerging technologies and a network of leading specialists to help keep your care close to home.

As part of that network, Sharon Hospital provides a full range of services including surgery, cardiology services, emergency care, neurosciences, orthopedics, stroke care, surgical services and women’s health services.

To fulfill our organizational mission as a nonprofit hospital, every three years we complete a Community Health Needs Assessment of our service delivery area and develop a Community Health Implementation Plan (CHIP).

To review our 2022–2025 Sharon Hospital CHIP, please visit: nuvancehealth.org/about-us/community-and-wellness/community-benefit.

Disclaimer: This guide provides provider contact information, but its inclusion in this publication does not expressly endorse or attest to the quality or extent of an agency’s services.



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Program	Telephone	Website
Addiction/Counseling/ Mental and Behavioral Health		
Connecticut		
Alcoholics Anonymous Meetings		ct-aa.org
Narcotics Anonymous Meetings		ctna.org
Greenwoods Counseling & Referrals	(860) 567-4437	greenwoodsreferrals.org
McCall Behavioral Health Network	(860) 496-2100	mccallbhn.org
MCCA	(860) 482-2613	mccaonline.com
CCAR	(866) 205-9770	ccar.us
New York		
Alcoholics Anonymous Meetings Hotline	(845) 452-1111	ny-aa.org
Narcotics Anonymous Meetings		mha-na.org/meetinglist
Dutchess Co. HELPLINE	(845) 485-9700	
Lexington Center for Recovery	(845) 444-2333 or (845) 789-1022	lexingtonctr.org/
Mental Health America of Dutchess County	(845) 473-2500	mhadutchess.org
National Alliance on Mental Illness (NAMI) Mid-Hudson Chapter	(845) 206-9892	namimidhudson.org
Alzheimer's Association		
Connecticut		
	(203) 591-9156	www.alz.org/ct?set=1 www.memorycarefacilities.net
New York		
	(845) 471-2655	alz.org/hudsonvalley
Cancer Care Support		
Dyson Center for Cancer Care	(845) 483-6001	
Miles of Hope Breast Cancer Foundation HV	(845) 471-1433	milesofhope.org
Children and Youth Services		
Connecticut		
Housatonic Youth Service Bureau	(860) 824-4720	hysb.org
Birth to Three	(800) 505-7000	birth23.org
WIC (Women, Infants, and Children)	(860) 489-1138	wicstore.org
Care 4 Kids	(860) 214-5437	ctcare4kids.com
New York		
Dutchess Co. Youth Services	(845) 486-3600	dutchessny.gov
Columbia County Youth Bureau	(518) 828-7213	ccyouthbureau. columbiacountyny.com
Astor Counseling Services Contact your Town Recreation Department- Children's Recreation Programs/Camp	(845) 350-3010	astorservices.org
Domestic Violence		
Connecticut		
Project Sage (24-hour hotline)	(860) 364-1900	project-sage.org



Program	Telephone	Website
Susan B. Anthony Project	(860) 489-3798	sbaproject.org
New York		
Grace Smith House Hotline	(845) 471-3033	gracesmithhouse.org
Family Services, Inc.	(845) 485-0800	familyservicesny.org
Elderly/Aging Support/ Senior Services/Office for the Aging		
Connecticut		
Western CT Area Agency on Aging	(800) 994-9422 (203) 757-5449	wcaaa.org
New York		
Dutchess Co. Office for the Aging	(845) 486-2555	dutchessny.gov
Columbia Co. Office for the Aging	(518) 828-4258	countyoffice.org
Senior Services		
Connecticut/New York		
Senior Behavioral Health Unit/ Sharon Hospital	(860) 364-4000	
Senior Centers and Other Services – please contact your town's Social Services Office		
New York		
Town of Dover		
Senior Recreation Program	(845) 832-9168	
South Amenia Friendship Cente	(845) 275-2661	
NorthEast-Millerton Library Annex	(518) 789-3081	
Friendly Calls Telephone Reassurance	(845) 486-2555	
NY Connects of Dutchess County	(845) 475-3511	
Tax Preparation Assistance	(845) 475-7500	
Dutchess County Office for the Aging	(845) 485-2555	
Family Support		
Connecticut		
Community Action Agency of Western CT	(203) 744-4700	caawc.org
Family Strides	(860) 482-3236	familystrides.org
WIC	(860) 489-1138	benefitsapplication.com

Program	Telephone	Website
New York Angels of Light	(845) 380-7704	angelsoflighthv.org
Dutchess Community Action Partnership	(845) 977-9272	dutchesscap.org
North East Community Center	(518) 789-4259	neccmillerton.org
Dutchess County Helping Our Families Guide		astorservices.org
Food Assistance Programs		
Connecticut		
In Connecticut, faith-based and nonprofit agencies as well as town social services offices offer food assistance for residents. The following list includes local agencies and town social services office numbers:		
Canaan (and North Canaan)		
Fishes and Loaves	(860) 824-3133	<p>Supplemental Nutrition Assistance Program benefits</p> <p>For more information or to apply for assistance, contact the following services:</p> <p>Connecticut Department of Social Services connect.ct.gov</p> <p>New York Department of Temporary and Disability Assistance mybenefits.ny.gov/mybenefits/begin</p>
Cornwall		
Cornwall Pantry	(860) 671-9315	
Lakeville/Salisbury		
The Corner Food Pantry	(860) 435-9886	
Kent		
Kent Food Bank	(860) 927-1586	
North Canaan		
Fishes and Loaves Food Pantry	(860) 824-7232	
Sharon		
Sharon Food Closet	(860) 364-1003	
Town Social Services Offices		
Town of Canaan	(860) 824-9855	
Town of Cornwall	(860) 671-9315	
Town of Kent	(860) 927-1586	
Town of North Canaan	(860) 824-3133	
Town of Salisbury	(860) 435-5187	
Town of Sharon	(860) 364-1003	
New York		
In New York State, county-serving as well as local faith-based and nonprofit agencies offer food assistance for their residents. The following agencies and services are listed by county and municipality:		
Dutchess Co. Community Action Partnership		
Eastern Dutchess Center	(845) 452-5104 (845) 877-9272	



Program	Telephone	Website
Columbia County Opportunities Food Distribution Center: 540 Columbia St., Hudson, NY	(518) 828-4611	
Amenia Vine and Branches/Immaculate Conception Church	(845) 373-8193	
St. Thomas Episcopal Food of Life/ Comida de Vida	(845) 373-9161	
Ancram Neighbors Helping Neighbors	(518) 329-7306	
Copake Copake Falls Mobile Food Pantry/ Our Lady of Hope	(518) 329-4711	
Dover (including Dover Plains and Wingdale) Center of Compassion	(845) 877-9076	
North East (including Village of Millerton) North East Community Center	(518) 789-4259	
Pine Plains Community Food Locker	(518) 398-6312	
Stanford The Grange's Little Food Pantry	(845) 868-1700	
Washington (including Village of Millbrook) Lyll Community Church (Food for Folks) Grace Church	(845) 242-6508 (845) 677-3064	
Home Repairs		
Connecticut		
Chore Service Home Assistance	(860) 435-9177	choreservice.org
Habitat for Humanity of NW CT	(860) 435-4747	habitatnwct.org
New York		
Rebuilding Together, Dutchess Co.	(845) 454-7310	rebuildingtogetherdutchess.org
Habitat for Humanity of Dutchess Co.	(845) 297-0806	habitatdutchess.org
DC Community Action Weatherization X 130	(845) 452-5104	dutchesscap.org
Hospice Resources		
Connecticut		
Visiting Nurse & Hospice of Litchfield County	(860) 379-8561	vnhlc.org
Vitas Healthcare	(888) 502-1610	vitas.com
Regional Hospice, Danbury	(203) 702-0584	regionalhospicect.org
RVNAhealth, Ridgefield & New Milford	(203) 894-5005	rvnahealth.org

Program	Telephone	Website
New York Dutchess County Hospice of the Hudson Valley	(845) 473-2273	
Columbia County Columbia Greene Community Hospice	(518) 943-5402	
Housing Connecticut and/or New York Immigrant Support	211	
Connecticut Vecino Seguras (Trinity Lime Rock)	(860) 435-2627	nwcares.org
New York Northeast Dutchess Immigrant Services	(917) 705-9600	nedimmigrant.org
Grace Church Immigrant Outreach – Millbrook	(845) 677-3064	gracemillbrook.org
Catholic Charities – Poughkeepsie	(845) 452-1400	catholiccharities- dutchesscounty.org
Go to: astorservices.org/resources/dutchess-county-helping-our-families-guide/		
Legal Assistance Connecticut Statewide Legal Services of Connecticut	(800) 453-3320	
New York Dutchess County Bar Association	(845) 473-2488	
Medical Alert Systems Philips Lifeline	(800) 566-6218	www.Phillips.com
Life Alert	(800) 247-0000	lifealert.com
LifeFone	(800) 331-9198	lifefone.com
LifeStation	(877) 478-3390	lifestation.com
ADT	(877) 678-6952	www.help.adt.com
Lifeline	(855) 681-5351	lifeline.com
Medical Equipment Doyle's Medical Supply	(860) 489-4415	Fax (860) 489-8885
Health Systems Services	(888) 638-4477	



Program	Telephone	Website/Fax
Lincare Connecticut	(860) 236-4586	Fax (860) 232-2263
Lincare New York (Catskill)	(518) 943- 3456	Fax (855) 244-2015
Lincare New York (Newburgh)	(845) 566-0262	Fax (845) 566-0580
J&L Medical Services	(866) 757-4991	
Prescription Assistance (Income-eligible) Connecticut Contact your Town's Social Services Office		
New York Dutchess Community Action Partnership	(845) 877-9272	
Columbia Co. Community Healthcare Consortium	(518) 822-8820	
Social Services/Neighbor to Neighbor Programs Connecticut – Litchfield County Cornwall Social Services	(860) 671-9315	
Falls Village Social Services	(860) 824-9855	
Goshen Social Services	(860) 491-2308 X221	
Kent Social Services	(860) 927-1586	
Litchfield Social Services	(860) 567-7564	
Norfolk Social Services	(860) 542-5829	
North Canaan Social Services	(860) 824-3133 Opt. 6	
Salisbury Family Services	(860) 435-5187	
Sharon Social Services	(860) 364-1003	
Warren Social Services	(860) 868-9030 X114	
State of CT Department of Social Services	(855) 626-6632	
New York – Dutchess County Columbia County Dept. of Social Services	(518) 828-9411	
Dutchess Community Action Partnership	(845) 877-9272	
Catholic Charities	(845) 452-1400	
Thrift Shops Connecticut Bargain Barn (Sharon)	(860) 364-5202	
Quality Thrift Shop (Kent)	(860) 927-3287	
Goodwill (New Milford)	(860) 354-9182	
New York Center of Compassion (Dover Plains)	(845) 877-9075	



Speaking of Health...

Nuvance Health is a registered 501(c)(3) nonprofit organization that provides lifesaving and health-improving care through a family system of seven hospital locations, primary care medical practices, virtual health and specialty institutes.

Our clinicians and medical specialists are available to speak to your workplace or organization on a variety of topics, ranging from cardiology, cancer and neurology, to disease prevention, research and trending healthcare topics. Please contact us to request or arrange for a speaker.

Learn more about the many ways you can support our work through a tax-deductible, one-time donation, annual giving or donor-advised fund at nuvancehealth.org/giving/support-sharon-hospital.

Program	Telephone	Website
Rose Thrift Shop (Amenia)	(845) 383-8193	
Uncle Al's Thrift Shop (Millbrook)	(845) 677-5002	
Transportation Assistance		
Connecticut and New York	(800) 227-2345	
American Cancer Society, "Road to Recovery" Four business days' notice is required.		
Connecticut		
Executive Livery 24 hours' notice preferred.	(860) 435-8000	
Goshen	(860) 491-3955	
All Transportation	(860) 435-2900	
Northwestern CT Transit	(860) 906-7433	
Dial-A-Ride (Geer) At least 24 hours' notice.	(860) 824-7067	
Friends in Service Here (FISH) Kent Cornwall	(860) 927-4627 (860) 672-2603	
New York		
Friends of Seniors (volunteers) Two weeks' notice required for registered clients. Call to register.	(845) 485-1277	
Morning Star Car Service	(845) 493-0211	
Northeast Dutchess Transit (Dial-A-Ride)	(518) 789-4259	
Watson Livery	(845) 464-8178	
Non-Emergency Medicaid Transportation		
Connecticut		
Veyo	(855) 478-7350	
New York		
Dutchess County Medicaid	(866) 244-8995	
Transportation Medical Answering Service Columbia County Medicaid	(855) 360-3543	
Transportation Medical Answering Service Ulster County Medicaid	(866) 287-0983	
Transportation Medical Answering Service New York City	(877) 564-5911	
Modivcare of NY		
Women's Services		
Planned Parenthood		
Connecticut (Torrington)	(860) 489-5500	plannedparenthood.org
New York (Poughkeepsie)	(845) 562-7800	plannedparenthood.org



Looking for a Job or Career that Positively Improves and Changes Lives?

Look at Sharon Hospital and NuVance Health!

Sharon Hospital seeks dedicated and caring individuals, clinicians and medical professionals for full- and part-time positions that include, but are not limited to:

- Environmental Services
- Mental Health Worker
- Maintenance Mechanic
- Manager, Patient Care
- Patient Care Technician
- Patient Registration
- Patient Service Representative
- Phlebotomist
- Physical Therapist
- Registered Nurse



For general community assistance, please contact:

211 in NY, MA and CT

Community Services Connecticut and Dutchess County, NY

CT: The Northwest CARES Help Book: nwcares.org

NY: Dutchess County Helping Our Families Guide
astorservices.org/resources/dutchess-county-helping-our-families-guide/co.dutchess.ny.us

Contact Us

Sharon Hospital
50 Hospital Hill Road
Sharon, CT 06069
(860) 364-4000

TTY/Accessibility:
CT (800) 842-9710
NY (800) 421-1220
MA (800) 439-2370

nuvancehealth.org