

04141825 Main

FEATURES

MONDAY happy hen

THURSDAY zen

TUESDAY verde

FRIDAY king tide seafood

WEDNESDAY Chef inspired

MONDAY

roasted turkey gravy
baked cajun chicken

Wild rice pilaf

mashed potato

green beans

yellow squash
On the go :
mediterranean
vegetable pizza

TUESDAY

beef taco
chicken taco
Spanish rice
Corn and black beans
roasted corn
Roasted zucchini
on the go: cream
cheese salsa dip

WEDNESDAY

mediterranean
chicken
chicken sausage
polenta
mediterranean barley
mixed roasted
vegetable
roasted cauliflower
On the go :stuffed
mini peppers

THURSDAY

Asian pork chops
asian turkey meatballs
vegetable lo mein
White rice
roasted broccoli
Sesame green beans

FRIDAY

fry crispy wing
maple glazed salmon
jasmine pilaf w.
mushroom and peas
parsley smashed red
potato
smoked paprika
eggplant fries
sweet and spice brussels
sprouts

SOUPS

Monday
chicken and rice
Tuesday
black beans soup
Wednesday
broccoli cheddar soup
Thursday
Beef pho
Friday
new clam chowder

CONNECT WITH US
COMING SOON!